

STEAMING GUIDE

PRODUCT	TIMER SETTING (MINUTES)	WEIGHT PER PAN
Eggs		
Scrambled.....	10-12.....	8 doz.
Hard cooked	15.....	4 doz.
Rice, long grain (cover with 4 cups water/lb.)	25.....	2 lb.
Pasta (place perforated pan inside solid pan, cover with cold water)		
Spaghetti, regular/vermicelli	12-15.....	
Macaroni, shells/elbows.....	15-18.....	
Lasagna noodles.....	15-18.....	
Frozen Casseroles, Lasagna.....	35.....	Full pan
Meat Loaf, 3-5 lb. each.....	40.....	15 lb.
Beef		
Ground Chuck.....	20-25.....	10 lb.
Beans		
Baked/Refried	9.....	10 lb. can
Chicken - Breasts, Legs, Thighs	20.....	15 lb.
Turkey, Frozen		
Breasts (2).....	90.....	6-7 lb. each
Hot Dogs.....	3.....	80-100 count
SEAFOOD		
Clams		
Frozen.....	10-12.....	3 doz.
Fresh, Cherrystone.....	5-6.....	3 doz.
King Crab, frozen		
Claws	4.....	2 1/2 lb.
Legs	4-6.....	4 1/2 lb.
Shrimp, frozen, 10 per lb.	5.....	4 lb.
Lobster Tail, frozen	6.....	10 lb.
Lobster, Live, 10"-12".....	5.....	4 per pan
Scallops, fresh	4.....	3 lb.
Scrod Fillets, fresh.....	3-5.....	4 lb.
VEGETABLES		
Asparagus Spears		
Frozen.....	10-12.....	3 doz.
Fresh.....	5.....	5 lb.
Beans		
Green, 2" cut, frozen/fresh.....	6.....	5 lb.
Lima, frozen	8.....	5 lb.
Broccoli		
Spears, frozen.....	8.....	4 lb.
Spears, fresh.....	6.....	5 lb.
Flowerettes, frozen	6.....	5 lb.
Carrots		
Baby whole, frozen	8.....	7 lb.
Crinkle cut, frozen.....	7-8.....	4 lb.
Sliced, fresh.....	11.....	9 lb.
Cauliflower, Flowerettes		
Frozen.....	6.....	4 lb.
Fresh.....	7-8.....	5 lb.
Corn		
Yellow whole kernel, frozen	5.....	5 lb.
Cobbettes, frozen	8.....	27 ears
Corn-On-Cob, fresh	10-12.....	18 ears
Peas, Green	6.....	5 lb.
Potatoes, whole russet	55.....	40 lb.
Zucchini, slices	8.....	10 lb.
Canned Vegetables.....	6.....	10 lb. can
Frozen Mixed Vegetables	6-7.....	5 lb.



a division of ITW Food Equipment Group LLC

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